

Dr Chandrashekara Foundation ®
CAUVERY AYURVEDIC MEDICAL COLLEGE AND HOSPITAL
MYSURU – 570028

I PROFESSIONAL BAMS
TIME-TABLE WITH EFFECT FROM 04/12/2025

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09:30-10:30AM	KRIYA SHAREERA Dr.MGN (LHT)	RACHANA SHAREERA Dr.SKS (NLHT)	SANSKRIT Dr.VBOG (NLHT)	SAMHITA ADHYAYANA Dr.DKJ (NLHT)	SANSKRIT Dr.VBOG (LHT)	SAMHITA ADHYAYANA Dr.DKJ (LHT)
10:30-11:30AM	SAMHITA ADHYAYANA Dr.DKJ (LHT)	SAMHITA ADHYAYANA Dr.GM (LHT)	PADARTHA VIJNANA Dr.AMA (LHT)	SANSKRIT Dr.VBOG (NLHT)	YOGA (Dr. ANJ / Dr. SPY)	RACHANA SHAREERA Dr.SN (LHT)
11:30-12:30PM	PADARTHA VIJNANA Dr.AMA (NLHT)	KRIYA SHAREERA Dr.DRD (NLHT)	RACHANA SHAREERA Dr.SN (LHT)	RACHANA SHAREERA Dr.SN (LHT)	SAMHITA ADHYAYANA Dr.GM (NLHT)	PHYSICAL EDUCATION
12:30-01:30PM -----LUNCH-----						
01:30-02:30PM	KRIYA SHAREERA Dr.DRD (NLHP)	LIBRARY	RACHANA SHAREERA Dr.SKS (NLHP)	RACHANA SHAREERA Dr.SN (NLHP)	RACHANA SHAREERA Dr.SN (NLHT)	SAMHITA ADHYAYANA Dr.GM (NLHT)
02:30-03:30PM	KRIYA SHAREERA Dr.DRD (NLHP)	KRIYA SHAREERA Dr.MGN (NLHP)	RACHANA SHAREERA Dr.SKS (NLHP)	RACHANA SHAREERA Dr.SN (NLHP)	PADARTHA VIJNANA Dr.AMA (LHT)	KRIYA SHAREERA Dr.MGN (LHT)
03:30-4:30PM	SANSKRIT Dr.VBOG (LHT)	KRIYA SHAREERA Dr.MGN (NLHP)	SAMHITA ADHYAYANA Dr.GM (NLHT)	PADARTHA VIJNANA Dr.AMA (NLHT)	KRIYA SHAREERA Dr.MGN (LHT)	SANSKRIT Dr.VBOG (NLHP)

Teaching staff Names & Designation:

1. Dr. SKS - Dr. Sham Kishore Singh, Professor
2. Dr. DRD - Dr. Dayananda R D, Professor
3. Dr. DKJ - Dr. Dileep Kumar K J, Professor
4. Dr. MGN - Dr. Meghana N, Asso. Professor
5. Dr. VBOG - Dr. Vidwan B O Gangadharappa, Asst. Professor
6. Dr. AMA - Dr. Arfa Mohamed Akif, Asst. Professor
7. Dr. SN - Dr. Sinchan, Asst. Professor
8. Dr. GM - Dr. Greeshma Mahesh, Asst. Professor
9. Dr. ANJ - Dr. Anjana Krishnan, Asst. Professor
10. Dr. SPY - Dr. Shalini P Y, Yoga Instructor

NOTE: LHT -LECTURER HOURS THEORY
NLHT -NON LECTURER HOURS THEORY
NLHP -NON LECTURER HOURS PRACTICAL



PRINCIPAL

Principal

Cauvery Ayurvedic Medical College & Hospital
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